Middlebury
College

## October 20 Lecture

## Supplementary References:

- Single Variable Calculus, Stewart, 7th Ed.: Section 7.3.
- Calculus, Spivak, 3rd Ed.: Section 19.
- AP Calculus BC, Khan Academy: Antiderivatives and the fundamental theorem of calculus.


## Techniques of Integration IV. Inverse Trigonometric Substitutions.

Today we continue our investigation into inverse trigonometric substitutions. We will see lots of examples.

1 Inverse trigonometric substitution, again The method of inverse trigonometric substitution proceeds as follows: we are looking to determine

$$
\int h(x) d x
$$

where $h(x)$ contains one of the following expressions

$$
\sqrt{a^{2}-x^{2}}, \quad \sqrt{a^{2}+x^{2}}, \quad \sqrt{x^{2}-a^{2}} \quad \text { where } a \text { is some constant. }
$$

## Strategy:

1. Make the following substitution, depending on which of the above expressions appears in $h(x)$ :

$$
\begin{array}{lll}
x=a \sin (t) & \leftrightarrow & \sqrt{a^{2}-x^{2}} \\
x=a \tan (t) & \leftrightarrow & \sqrt{a^{2}+x^{2}} \\
x=a \sec (t) & \leftrightarrow & \sqrt{x^{2}-a^{2}}
\end{array}
$$

2. Suppose we've made the substitution $x=T(t)$ above. Write

$$
h(T(t)) \frac{d x}{d t}=f(t)
$$

3. Determine

$$
\int f(t) d t
$$

4. Substitute $t=T^{-1}(t)$ into the resulting expression.

## Check your understanding

Let's determine

$$
\int \frac{1}{x \sqrt{36-x^{2}}} d x
$$

by the method of inverse trigonometric substitution.

1. Let $x=6 \sin (t)$. Show that

$$
\frac{1}{x \sqrt{36-x^{2}}} \frac{d x}{d t}=\frac{1}{6} \csc (t)
$$

2. Given that $x=6 \sin (t)$, complete the following triangle:

3. Recall that

$$
\csc (t)=\frac{1}{\sin (t)}, \quad \cot (t)=\frac{\cos (t)}{\sin (t)}
$$

Verify the following derivatives:

- $\frac{d}{d t} \cot (t)=-\csc ^{2}(t)$
- $\frac{d}{d t} \csc (t)=-\csc (t) \cot (t)$
- $\frac{d}{d t} \log (\csc (t)-\cot (t))=\csc (t)$

Deduce that

$$
\int \csc (t) d t=
$$

4. Use the above triangle to complete the following statements:

$$
\begin{aligned}
& \text { - } \quad \csc (t)= \\
& \text { - } \quad \cot (t)=
\end{aligned}
$$

$\qquad$
$\qquad$
5. Combine your answers above to determine

$$
\int \frac{1}{x \sqrt{36-x^{2}}} d x
$$

Hint: you have all the pieces of the puzzle, now see how the Strategy tells you to fit them together.

## Check your understanding

Let's determine

$$
\int \frac{1}{x^{2} \sqrt{x^{2}+1}} d x
$$

by the method of inverse trigonometric substitution.

1. Let $x=\tan (t)$. Show that

$$
\frac{1}{x^{2} \sqrt{x^{2}+1}} \frac{d x}{d t}=\frac{\sin (t)}{\cos ^{2}(t)}
$$

2. Determine

$$
\int \frac{\cos (t)}{\sin ^{2}(t)} d t
$$

Hint: use an appropriate substitution.
3. Given that $x=\tan (t)$, use Pythagoras' Theorem to determine $a, b$.

4. Combine your answers above to determine

$$
\int \frac{1}{x^{2} \sqrt{x^{2}+1}} d x
$$

2 Total ellipse of the heart Let's apply what we've learned. An ellipse is a curve in the plane described by the equation

$$
\begin{equation*}
\frac{x^{2}}{a^{2}}+\frac{y^{2}}{b^{2}}=1 \tag{*}
\end{equation*}
$$

The following diagram is the ellipse determined by the equation

$$
\frac{x^{2}}{25}+\frac{y^{2}}{9}=1
$$



Rearranging (*), we see that the portion of the ellipse lying in the upper half-plane (i.e. $y \geq 0$ ) is described by the equation

$$
y=\frac{b}{a} \sqrt{a^{2}-x^{2}}
$$

Using symmetry, we find that the area $A$ enclosed by the ellipse is

$$
A=4 \frac{b}{a} \int_{0}^{a} \sqrt{a^{2}-x^{2}} d x
$$

We are now able to determine this area. Let $x=a \sin (t)$. Then, we compute

$$
\sqrt{a^{2}-x^{2}} \frac{d x}{d t}=a^{2} \cos ^{2}(t)
$$

Hence, using the method of inverse trigonometric substitution,

$$
4 \frac{b}{a} \int \sqrt{a^{2}-x^{2}} d x=4 a b \int \cos ^{2}(t) d t=4 a b \cdot \frac{1}{2}\left(t+\frac{\sin (2 t)}{2}\right)+C
$$

In order to recover $x$ from $t$ we write $t=\arcsin \left(\frac{x}{a}\right)$. We defined $\arcsin$ so that its range is $\left[-\frac{\pi}{2}, \frac{\pi}{2}\right]$. Hence, if $x=a$ then $t=\arcsin (1)=\frac{\pi}{2}$ and $x=0$ then $t=\arcsin (0)=0$. Therefore,

$$
A=4 \frac{b}{a} \int_{0}^{a} \sqrt{a^{2}-x^{2}} d x=4 a b \int_{t=0}^{t=\pi / 2} \cos ^{2}(t) d t=2 a b\left[t+\frac{\sin (2 t)}{2}\right]_{t=0}^{t=\pi / 2}=\pi a b
$$

Therefore, the area enclosed by the ellipse $E: \frac{x^{2}}{a^{2}}+\frac{y^{2}}{b^{2}}=1$ is $\pi a b$. In particular, if $a=b$ then the ellipse is a circle and we recover the area of a circle having radius $a$.

Mathematical workout - Flex Those muscles
Before the next Lecture please attempt the following problems using the method of inverse trigonometric substitution. One student in class will be randomly chosen (your name will be pulled from The Jar) to present your solution. If you are unable to solve the problem then don't worry! We will work through it together and you will receive help at those points you have found difficult. It's important for you to make a good attempt at these problems even if you are unable to solve them.

1. $\int x^{3} \sqrt{1-x^{2}} d x$
2. $\int \frac{\sqrt{x^{2}-4}}{x} d x$. Use the substitution $x=2 \sec (t)$ and recall that $\sec ^{2}(t)=\tan ^{2}(t)+1$.
