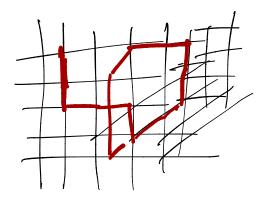
Physical Knot Theory Based on A BRIEF INTRO TO KNOT THEORY FROM THE PHYSICAL POINST OF VIEW" By Adams and · Physical Knot Theory : An Introduction ... " by Millett

I How do we mode (Knots as physical objects? - Thickness, Length - Rigid segments / Lattice Knots Def Suppose & is a simple closed cove in R³ A tubular neighborhood is $2 \times e^{-\pi 2} | d(x, x) \leq r$ A thick knot is such a tubular neighborhood s. (. {xcR² | d(x,x) = r { is an embedded torus. Its thickness is 2r. of the disc It's embedded if it doesn't intersect itself Etube crashes into thelf. es : For a Knot type K (such as "trefoil") the rope length (or just length) of K is 3 a corve d'in R³ of length & having $\Im(k) = ivt \S f$ Ny(2) embedded ("smallest"

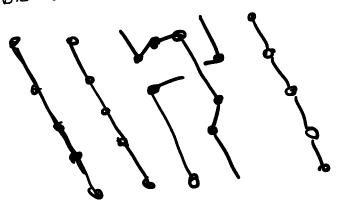
Fact (Buck, Simon, Rawdon) $(const) Cr(k)^{3/4} \ge J(k) \ge 2.135 cr(k)$ FOR NO Knot type is the tope length actually J(tre foil) ~ 32.7/2 Known f (nontriv Frot) >, 31.3/2

One strategy is to defarm K to lie on cubic la fice

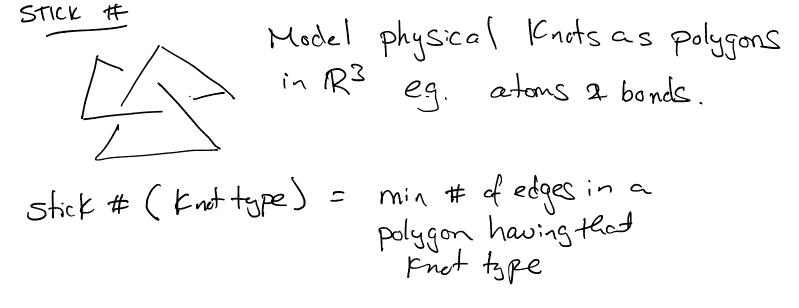


EAST to estimate length.

Lemma (Diao & Ernst) If Bisa braid up b strings Zu crossings, then its closere can be realized on cubic lattice ul at most 120n edges.

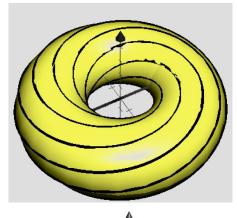


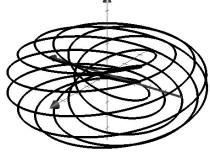
=> 4(b+1) n islength of open braid reed additional 4n+2 edges to close for each strud Comparisone n7b-1 => Rngth < 8bn+4n+2b < 12bn Gives O(bn) as uppn bound for J.



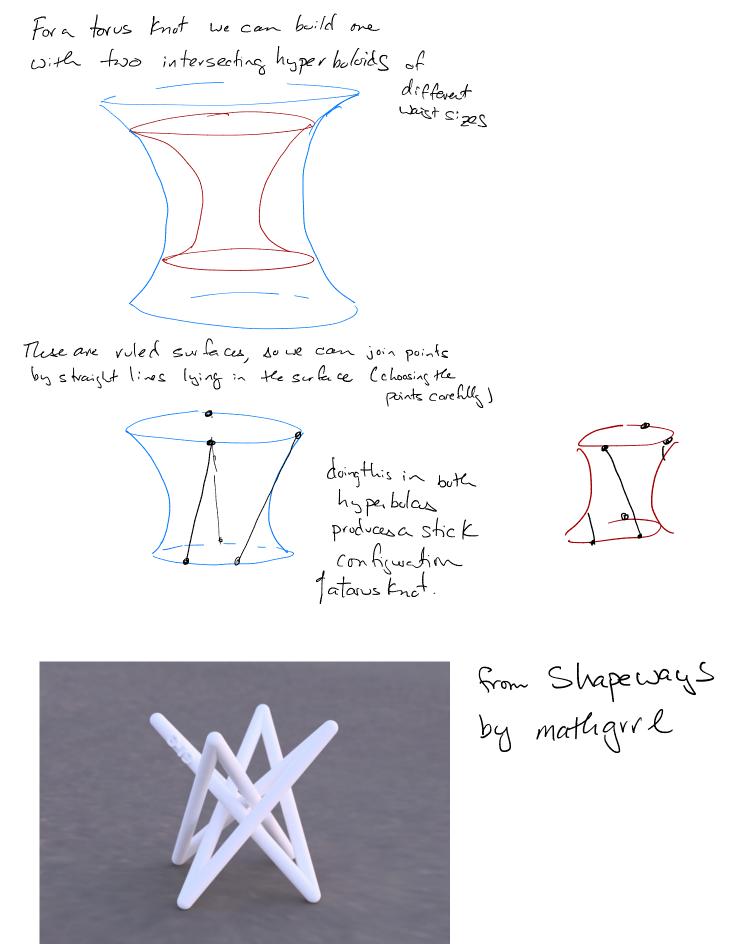


A (p,g) torus knot is a Knot lyins on a forus Wrapping p times one was ¥ g times the other. It's known that if p< g<2p Hen stick # = 29

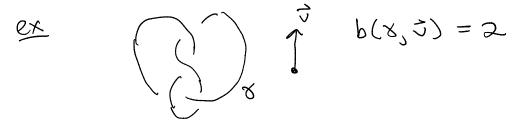


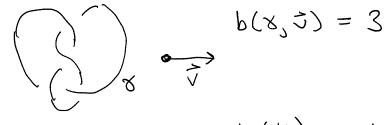


Hov? Upperbounds we weed a specific configuration



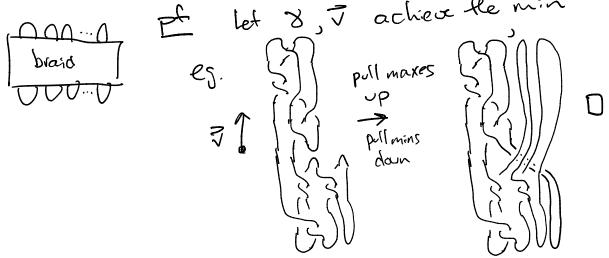
Def If ϑ is a simple closed curve in \mathbb{R}^3 and if $\vec{v} \in \mathbb{R}^3$ is a unit vector (i.e. $\vec{v} \in S^2$) then $b(\vartheta, \vec{v}) = \#$ of maxima of ϑ in the direction \vec{J}





When X has knot type K.

$$E_X = f b(K) = 1$$
 then K is the unknot $\implies b(Fig-8) = 2$
 $Pf. b(K) = 1 \implies K = \begin{cases} = 0 \\ idea \end{cases}$



Det let
$$X$$
 be a simple closed corre in \mathbb{R}^3
its super bridge # is $sb(x) = \max (\# maxima.in)$
 $V \in s^2(\# maxima.in)$
 $direction of V)
(cossuming it is finite
i.e. not
 $for a Fride + type K$
 $sb(K) = \min sb(X)$
 x
 $st. X has knot + type K.$
Facts $b(K) \leq sb(K) \leq 2b(K)$
 $f = b(K) \leq sb(K) \leq 2b(K)$
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•
$$sb(K) \leq stick \#(K)$$